



CENTRAL SANSKRIT UNIVERSITY

NEW DELHI

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3.6.1

Extension activities





Criterion 3

Q₁M 3.6.1

Extension activities in the neighborhood community in terms of impact and sensitizing students to social issues and holistic development during the last five years.

The University organizes a myriad of activities as proposed by the Government of India and as conducted through the Ministry of Education, which have a great impact on the neighborhood communities on a number of social issues for holistic development. In addition to the prescribed central government programmes, some Campuses organize some programmes of local importance to highlight their importance and to ascertain their impact at local level.

- **Scouts and Guides** programme organized by the B.ed students is always a huge success not only in the respective campuses but draw huge crowds of public.

https://csu.co.in/iqac_data/naac_ssr/3_6_1/Scouts_and_Guides.pdf

Various programmes like **skits, short dramas,**

https://csu.co.in/iqac_data/naac_ssr/3_6_1/Street_play.pdf singing of folk

songs and social awareness programmes based on the evils effects of addiction to smoking, drugs and liquor etc., have a tremendous impact.

The rallies taken by the students and faculty in public places do bring the desired result in the public, who understand the great significance of

blood donation, gender equality, dowry system and women's empowerment etc. The '**Shobha Yatras**' conducted especially during the tested times of *Corona pandemic* do have significant influence on the public about the core issues like hand-sanitization, mask-wearing and keeping social-distancing etc., 'to break the chain' to prevent the spread of Covid-19 like a quick fire. These '**Yatras**', also dispel the superstitions of the people, who normally harbor in such times and make them psychologically and physically ready to face any eventful consequences in a well prepared manner.

- The Staff and students are encouraged to donate blood as a part of supporting the life saving activities. **Blood donation camps** are organized in all campuses under the supervision of the expert of the health department.

https://csu.co.in/iqac_data/naac_ssr/3_6_1/Blood_donation.pdf

- **The Swachhata Diwas**

https://csu.co.in/iqac_data/naac_ssr/3_6_1/Swachh_Bharata_Abhiyan.pdf

celebrated on the eve of Mahatma Gandhi's Jayanti illustrates the importance of cleanliness and neatness in life. The focal point of the celebration of this event is that a person who keeps self and surroundings neat and clean will always be clean and neat inside his heart and mind and hence helps the society to be clean and neat. During the week-long celebrations of this programme, the students and the public, as well, are encouraged to go for **sowing seeds** and **planting saplings** etc.

https://csu.co.in/iqac_data/naac_ssr/3_6_1/Plantation_Drive.pdf Such

kind of act will not only improve the quality of air with improvement in the levels of oxygen, but also with improvement in the quality of environment with decreased pollution levels.

https://csu.co.in/iqac_data/naac_ssr/3_6_1/Paryavarana.pdf

- It conducts **Sanskrit Sambhashana shibiras** for students for learning

speaking language skills of the students.

https://csu.co.in/iqac_data/naac_ssr/3_6_1/Sambhashana_Shibhir.pdf

- The observation of **Vigilance Awareness Week** underlines the importance of the awareness among the students in knowing their Rights and Duties as enshrined in the Constitution of India. The students in turn take a rally on the streets to make the public aware of the Rights and Duties as given to them by the Indian Constitution. It helps in the overall increase in the quality of living in the society. They also try to make the public aware of the Traffic rules so that the road accidents can be avoided and the roads can be a safe haven for the commuters and the vehicular traffic.
- On the eve of **the International Women's Day** the core issues like gender equality, evil effects of dowry system and women's empowerment dominate the limelight. With the change of time, the outlook of women is transforming as they ascertain their importance and highlight that both women and men are the two wheels of the chariot of life or two sides of the same coin. They affirm that the dowry system is an affront in belittling the status of women before men and can put a question mark on their integrity. So they campaign for Women's Empowerment, which facilitates to establish their equality with men and allows them to face men with their heads held high.
- It has mooted to adopt villages under **Unnat Bharat Abhiyan** which are like catchment areas for the campuses located there.

<http://www.sanskrit.nic.in/uba.php>

- For example **Guruvayoor Campus** located in Thrissur, Kerala has been selected to adopt the village, **Adat** which is adjacent to the campus.
- **Bhopal Campus** of Madhya Pradesh adopted a village, **Barai**
- **Vedavyas Campus, Balahar** of Himachal Pradesh adopted **Masot**

village.

- **Agartala Campus, Tripura** adopted, **Jugutara** village.
- **Rajiv Gandhi Campus, Sringeri** ok Karnataka , **Chittebale in Shimoga** district
- The main aim is to spread and popularize the study of Sanskrit among masses belonging to different communities.

- In this way, the public owns up the campus and vice versa and the prime beneficiary is Sanskrit.

➤ **International Yoga Day** being observed in all Campuses of the University and in the Head Quarters Office as well, stresses the value of Yoga in our life, which prescribes cure for so many ailments with the reduced use of allopathic medicines. The Yoga is the answer for so many issues like indigestion, joint pains, muscle flexibility and heart ailments etc. So many programmes are held for public, who viewed and understood the importance of daily doing Yoga and following Ayurveda for good health.

https://csu.co.in/iqac_data/naac_ssr/3_6_1/Sarvajanik_Yoga_Camps.pdf

➤ The local programme likes “**Sparsha Ganga Diwas**’ immediately establishes the concordance with the local communities in the hilly terrains like **Devprayag in Uttarakhand**, where the University has its Campus. So, overall, the University concordances with the local communities through multiple programmes and rallies.

➤ **Tree Plantation** programmes are undertaken by spreading awareness in the vicinity. It will also help to reduce the level of **pollution of sound, air and water** etc.

https://csu.co.in/iqac_data/naac_ssr/3_6_1/Plantation_Drive.pdf

➤ Best **health practices** are followed. The campus undertakes the spread of awareness regarding this in the surrounding neighborhood. During the

hard and trying times of Corona, the Campuses have undertaken the awareness rallies whenever they are allowed by the authorities. There is a **Health Centre** in almost all campuses, which cater to the needs of the students and staff. A Doctor is designated to manage this health centre on a fixed day in a week. A separate room is provided with minimum tools like BP instrument, First aid medicines and other supporting items like bandages etc. An Ayurveda teacher is appointed in **Jaipur and Guruvayoor Campuses** to manage **Diploma in Ayurvedic literature** classes. The said teacher also helps the staff and students in getting advice for taking **Ayurvedic treatment and medicines.**

https://csu.co.in/iqac_data/naac_ssr/3_6_1/Swasthya_Samvardhan.pdf

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